



Sports clearance hints:

- Register early, like the first day!
- Always submit a current physical during the school year, or do it now!
- If taken out of PE for injury or illness, get cleared for PE & SPORTS
- You have asthma, submit a new order for medication every year, or do it now!
- You have life threatening allergies, submit a new medication order every year or do it now!
- Check your email daily until you are approved
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- You get the idea!